

23 August 2021

Dear Arcare Portarlington and Arcare Point Lonsdale,

The recent spike of COVID-19 cases in regional Victoria has resulted in the reintroduction of protection measures for Residential Aged Care. This includes the use of additional PPE including face shields, limiting non-essential contractors from entering our Residences, and limited visitation for exceptional reasons.

In addition, residents can only leave their Residences for one of the permitted reasons currently in place for the community:

- Shopping for necessary goods and services
- Caregiving or compassionate reasons, including medical care or to get a COVID-19 test
- Authorised work or permitted education
- Exercise (once a day for 2 hours)
- To get a COVID-19 vaccine.

The **5km limit and face masks** orders are also in force. Residents who are leaving are required to fill out the Social Leave form beforehand. Leaving our Residences does bring risk and we ask all residents and families to consider this before planning an outing to consider if it is essential as per the above list .

Single site working remains in place for our team members, and we continue to assist our team members to conveniently access the COVID-19 vaccine ahead of the mandatory deadline of 17 September 2021.

It is a timely reminder to please get tested for COVID-19 the moment you experience any symptoms, regardless of how mild, and to access the COVID-19 vaccine if you are able to.

We understand that is a difficult time for our residents and families, and are on hand to provide support as best we can. If you have any questions, requests or concerns, please reach out to your Residence Manager.

Remember

- View the [exposure site list](#) and get tested if you are unwell or are a contact of COVID-19.
- If you need support, contact the Older Persons Advisory Network [here](#); Head to Health [here](#) or Beyond Blue on 1800 512 348 or [here](#).

We thank you again for your support and hope that you stay safe.

Yours sincerely,



**Colin Singh** | Chief Executive Officer, Arcare